2015 Lifeguard Classes:

The New Market Pool will be hosting a variety of classes this upcoming season to train already certified lifeguards or those individuals wishing to work in a pool facility, but have never completed training. Below is the course information and tentative schedule for each class.

Course Name	Course Price	Course Location	Course Dates	Course Times
Lifeguarding Course: INCLUDES: Lifeguarding, First-Aid, CPR, AED, Blood borne Pathogens, Epinephrine Auto-Injector, and Asthma Inhaler Training	$50 Down Payment $200 for Class Includes Online Access to Lifeguard Manual, CPR Mask, and all other Equipment needed for the course.	New Market Community Pool 9670 Cadet Road New Market, VA 22844	Tuesday May 19th Thursday May 21st Friday May 22nd Saturday May 23rd Sunday May 24th	Tuesday, Thursday, and Friday: 5 P.M.-10 P.M. Saturday & Sunday: 6 P.M.-11P.M.
Lifeguard Re-Certification Course INCLUDES: Lifeguarding, First-Aid, CPR, AED, Blood borne Pathogens, Epinephrine Auto-Injector, and Asthma Inhaler Training	$50 Down Payment $125 for Class Includes Online Access to Lifeguard Manual, CPR Mask, and all other Equipment needed for the course.	New Market Pool 9670 Cadet Road New Market, VA 22844	Sunday May 17th **NOTE:** Due to low enrollment this course is often combined with the other lifeguard course above.	Sunday (17th): 10 A.M.-10 P.M.

*****Note***:** Upon successful completion of the course participants will be awarded an American Red Cross certification. This certification will be valid for a two-year period of time in accordance with the American Red Cross standards. This course will be conducted in accordance with the American Red Cross Curriculum, and is the most widely accepted certification at public pool facilities.

Your course will also include a certified American Red Cross Lifeguard Instructor and Instructor's Aide who have completed additional course training in order to lead lifeguard courses on behalf of the American Red Cross.

Your Instructors:
Lifeguard Instructor: Corey Harlow
Instructor's Aide: TBD

Registration Link: https://docs.google.com/forms/d/1Q-SCEvq3pUO8hjUJsi6pg6syajsCVFkcJ7B1XstnhLU/viewform?usp=send_form

Lifeguarding Class Schedule:

Day 1:

Freestyle and Breaststroke Developmental Videos
Precourse Session
Lesson 1: The Professional Lifeguard and Facility Safety
Lesson 2: Facility Safety, Surveillance, and Injury Prevention
SpongeBob Professional Lifeguard Episode

Day 2:

Lesson 5: Before Providing Care, Victim Assessment, and Breathing Emergencies
Lesson 6: Cardiac Emergencies and Using and AED
Lesson 7: First-Aid
Test 1 Review
Test 1: CPR/AED/First-Aid

Day 3:

Lesson 3: Injury Prevention and Rescue Skills Part 1
Longfellow's Whale Tales: Reach or Throw Don't Go
Waterfront Lifeguard Skills

Day 4:

Lesson 4: Rescue Skills Part 2
Epinephrine Auto-Injector Training
Asthma Inhaler Training
Lesson 8 Head, Neck and Spinal Injuries in the Water

Day 5:

Final Scenarios
Test 2 Review
Test 2: Lifeguarding
Blood borne Pathogen and Disease Transmission Training
BBP & DTT Test Review
BBP & DTT Open Book Test

ALL COURSES ARE MANDATORY FOR SUCCESSFUL COMPLETION!!!